

School Wellness Policy Building Progress Report

School Name: Middle School Wellness Contact Name/E-mail: Todd Hartnett

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals					
1. National B'fast Week	X			Taste test different foods	Continue annually
2. National Lunch Week	X			Taste test different foods	Continue annually
3. Started Facebook and Twitter	X			Promote facts about Veggies	Continue- more often
4.					
Physical Education and Physical Activity Goals					
1. PE Class- variety of sports and physical activities	X			Funds for equipment	Continue annually
2. Walk/run 20 minutes day during PE	X			B4 each PE class	Continue annually
Nutrition Guidelines for All Foods Available to Students					
1. Monthly menus online	X			<i>Shows nutrients</i>	<i>Continue annually</i>
2. Posters from USDA	X			Tells about health benefits	Continue annually
3. Monthly menu boards	X			Tells health facts of foods	Continue annually
4. Facebook	X			Promote lunch /Bfast	Continue annually
Other School Based Activities Goals					
<i>Integrating Physical Activity into the Classroom Settings</i>					
1. Rewards systems- more physical activities instead of food rewards		X		Not always sure it's implemented	

Communication with Parents					
Facebook	X			Not everyone has or has “liked” the page	Invite families to “like”
Twitter	X			Connects more with students than parents	Finding time to post more often
Food Marketing in Schools					
1. Menu boards	X				
2. flyers/posters in buildings	X				Need to Change 2X’s per month
Staff Wellness					
1. Healthy Iowa email sent out	X			Hard to keep people committed	Join a team
2. School nurse emails healthy tips/ideas	X			She does a great variety	Continue annually
3. Annual flu shots				Shots offered annually for free	