

# School Wellness Policy Building Progress Report

**School Name: High School      Wellness Contact Name/E-mail: Todd Hartnett**

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

<b>Wellness Policy Language</b> <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	<b>Fully in Place</b>	<b>Partially in Place</b>	<b>Not in Place</b>	<b>List steps that have been taken to implement goal and list challenges and/or barriers of implementation.</b>	<b>List next steps that will be taken to fully implement and/or expand on goal.</b>
<b>Nutrition Education and Promotion Goals</b>					
1. National B'fast Week	X			Taste test different foods	Continue annually
2. National Lunch Week	X			Taste test different foods	Continue annually
3. Started Facebook and Twitter	X			Promote facts about Veggies	Continue- more often
4. FFA offering free samples of veggies		X		Trying new veggies- space and funds are limited so we get a small amount of samples	Kids have really enjoyed this and will continue next year as well
<b>Physical Education and Physical Activity Goals</b>					
1. PE Class- variety of sports and physical activities	X			Funds for equipment	Continue annually
2. National Guard- Climb the wall	X			Promotes N.G. and fitness	Continue annually
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. Monthly menus online	X			<i>Shows nutrients</i>	<i>Continue annually</i>
2. Posters from USDA	X			Tells about health benefits	Continue annually
3. Monthly menu boards	X			Tells health facts of foods	Continue annually
4. Facebook	X			Promote lunch /Bfast	Continue annually
<b>Other School Based Activities Goals</b>					
<b><i>Integrating Physical Activity into the Classroom Settings</i></b>					
1.					

<b>Communication with Parents</b>					
Facebook	X			Not everyone has or has "liked" the page	Invite families to "like"
Twitter	X			Connects more with students than parents	Finding time to post more often
<b>Food Marketing in Schools</b>					
1. Menu boards	X				
2. flyers/posters in buildings	X				Need to Change 2X's per month
<b>Staff Wellness</b>					
1. Healthy Iowa email sent out	X			Hard to keep people committed	Join a team
2. School nurse emails healthy tips/ideas	X			She does a great variety	Continue annually
3. Annual flu shots				Shots offered annually for free	